



Date: **9th May**

Welcome to our weekly e-bulletin. If you have items you would like included in future bulletins send them to us at info@thehubdg.org.uk. If you receive multiple copies please advise us which email address you wish this bulletin to be sent to.

Our comprehensive funding bulletin comes out separately on the third week of each month.

PRIVACY NOTICE

The Hub Dumfries and Galloway (t/a the hub – your community action centre) is registered with the Information Commissioner's Office (ICO) and complies with Data Protection legislation and best practice procedures, including the new General Data Protection Regulations (GDPR). Our ICO certificate of registration number is ZA048606. We only store your data in order to be able to contact you and provide you with information updates; and to be able to manage our organisation effectively.

We never share your information with third parties unless you have provided us with your express consent to do this. You can ask us to remove and delete your data from our records at any time by contacting us at info@thehubdg.org.uk

News

The hub your community Action centre

the hub has some items give away **FREE** if any organisations would like a small Rexel shredder, best used for light shredding and a small wheelchair ramp. For more information contact the hub on 01387 269161

Getting Connected Project The Getting Connected Project is now offering **FREE** sanitary products to help end Period Poverty. They will be available to all participants and family service users of the Getting Connected Project, which includes the support drop in

(which runs **Tuesday 10-12pm & Wednesday 2-4pm**), Basic Computer Sessions & Money Matters Course(available in May). Ask the Volunteers or Staff for more details in The Hub or for more information contact The Hub your community action centre 01387 269161

Tesco Extra Bags of Help Voting now Live in Tesco Extra Cuckoo Bridge Dumfries. **Please Vote for the hubs Getting Connected Money Management Project** using the blue tokens you receive when you pay for your shopping or beside the self-service checkouts. For more information contact Anne on 01387 269161 or by email anne.mclauchlan@thehubdg.org.uk

Just Giving Information Online fundraising platform Just Giving is expanding its services to enable any business to fundraise online for charity. This will enable businesses to showcase their employees' achievements, and match their donations with company funds if they choose. The new tools offer: • branded company fundraising pages to showcase all a business' employee fundraising activity in one place • running totals of all donations raised by employees • the facility for employees to form teams to compete against each other and link their Just Giving individual fundraising pages to their company page • leader boards featuring the most successful fundraising staff to encourage competition and reward success • the option for companies to match-fund the sums raised by their employees and to display this total publicly on their company profile • measurement and reporting of fundraising data. Further details are available via the web link below. Link:

<http://www.justgiving.com/companies>

Mental Health Awareness Week Next week (13-19) is **Mental Health Awareness Week**. View Acas guidance on how to help employees experiencing mental health issues, stress or anxiety:

[Mental health in the workplace](#)

[Promoting positive mental health in the workplace](#)

[Managing staff experiencing mental ill health](#)

[Acas training available](#)

[Free e-learning on mental health awareness for employers](#)

Voluntary Health Scotland Third sector tackling health inequalities – ESS currently seeking applications for learning set The National Learning Collaborative for Inequalities, which VHS chairs, has asked Evaluation Support Scotland (ESS) to develop a theory of change to demonstrate the third sector's contribution to tackling health inequalities. ESS is looking for a range of representatives from different parts of the third sector. This work will feed directly into the public health reform agenda and contribute to improving clarity around the third sector's role in achieving a step change in

public health outcomes and tackling inequality. To apply [please complete the short application form](#).

WREN (Waste Recycling Environmental Ltd) will be changing its name to FCC Communities Foundation Ltd. From **1 May 2019** You will be able to access their site at <http://www.fcccommunitiesfoundation.org.uk>

Langholm High Street Take Over Upstart was commissioned by SURF following a successful application to the Scottish Government's Making Places scheme, matching a funding commitment from Dumfries & Galloway Council. The project set out to engage a younger demographic, those aged 14-40, that had been largely missing from conversations Langholm's future development. The initiative set out to draw out views, knowledge and ideas from this demographic who are living, working and/or studying in Langholm, on their aspirations for the town including its substantial but presently underplayed heritage and tourism assets. Upstart produced a highly innovative programme of engagement. One hundred and forty-nine people aged 14-40 took part in events, further contributions were made via the online survey and the Upstart Facebook group. It was inspiring to see the depth and enthusiasm of the conversations taking place. On Saturday 6th of April Outposts Arts led The High Street Take Over. Staging several 'micro-consultations' across several High Street venues – The (disused) post office, the (disused) newspaper office and the current newspaper office. More [here](#).

National Walking Month Did you know that May is National Walking Month? So why not help celebrate by organising your own walk this May and raise money for the British Heart Foundation lifesaving research. More [here](#).

Training

GDPR – How are you getting on? In May 2018, GDPR was implemented with a lot of noise and even more anxiety, with many organisations struggling to make sense of what they were required to do. One year on they ask the question – how are you getting GDPR? This one-day workshop will give a brief resume of the principles of GDPR and an update on recent developments.

It will focus on the practical issues and look at:

- Where are you now?
- What are the issues you are struggling with?
- How robust are your processes – and do you know if your teams are following them?

You'll use live examples of problems charities are facing now and giving you the opportunity to bring your problems to the table to find solutions. More [here](#).

Surveys and Consultation

Social media and community engagement This survey seeks to understand how community development practitioners use social media and other communications methods to engage with their communities. You can download the survey [here](#) and for more information contact ruwanidesilva921@gmail.com

May Spotlight – Older Women Each month the national advisory council for women and girls are putting the spotlight on a different gender equality issue. In May 2019, the Spotlight is Older Women. They'd like to hear from individuals and communities in Scotland about their experiences and ideas around this topic. More [here](#).

Survey and focus group: Quality of care organisational review of NHS Dumfries and Galloway Healthcare Improvement Scotland, the national health and social care improvement organisation for Scotland. Part of their role includes carrying out inspections and reviews to give people confidence in the quality of services and support care providers to improve. They are planning to visit NHS Dumfries and Galloway week commencing 24 June 2019 to carry out an organisational review as part of their [Quality of Care Approach](#). The approach focuses on open and honest self-evaluation based on a [Quality Framework](#). They use the same framework to organise their inspections and reviews. Before they undertake their visit, they would like to gather feedback on the quality of care provided by NHS Dumfries and Galloway across all services, including GP practices. They are looking to gather as many views as possible from people who have experienced care, carers or family members. Particularly, they would like to find out what went well for you and any areas that could be improved. Their colleagues at Scottish Health Council Dumfries and Galloway are supporting the distribution of this survey and are planning to hold local focus group sessions in May or June 2019 to discuss some of the survey questions in more detail. They particularly welcome feedback from people who have used NHS Dumfries and Galloway services, or been a relative, carer or friend of someone using these services, in the last 12 months. **You can complete the survey at <https://www.smartsurvey.co.uk/s/NJMVY/> The survey will close on 21 May 2019.**

If you would like further information about this review or if you or your group would like to take part in a focus group, please email their confidential mailbox: hcis.qocr@nhs.net

2019 Social Enterprise Census The Scottish Government is now running the Social Enterprise Census for the third time and is inviting you to take part. They know you're asked to respond to survey after survey, but this one really matters. Every two years this official study helps make the case for continuing policy and

funding support. It's also information that you can use to lobby and convince others about the impact of the sector in your area. If your organisation has social or environmental goals and generates income through contracts or fees of any kind, then they want to hear from you. You could be doing anything from running a village hall, to providing arts activities, transport, or care services. So, take a deep breath and commit just 15 minutes of your day. Play your part in revealing the changing scale and impact of the sector, by registering some basic information about your organisation and its work. Each and every question you answer is important to them. **To take part in the survey, just click the link below:**

Link: <https://www.surveymonkey.co.uk/r/XQPMTWK>

Publications and reports

Event Organisers' Guide The Can-Do guide is an interactive guide to organising community events. Published by the Cabinet Office the guide aims to dispel a raft of inaccurate myths leading, it is hoped, to a surge in community events over the coming year. Link: <https://www.gov.uk/government/publications/can-doguide-for-organisers-of-voluntary-events>

Strengthening Community Councils Last week during #CelebrateCCs month, SCDC and What works Scotland launched their #strengtheningCCs report. This report explores how community councils can be even more relevant in Scotland's evolving policy context, especially as public service reform continues through the Local Governance Review. SCDC heard from more than 600 people involved in community councils to hear about the role they play in our democratic landscape - and what could change to improve how they represent local communities going forward. Read the report [here](#).

Funding

ALLIANCE Self Management Fund opens for applications The ALLIANCE is delighted to announce that the Self-Management Fund: Working Together to Strengthen Integration is now open for applications. Since its launch in 2009, the Self-Management Fund for Scotland has provided over £18 million in grants, supporting over 150,000 people across Scotland living with long term conditions and their unpaid carers. **The deadline for applications is 30th June 2019, projects will begin in October 2019 for 12 to 18 months.** Find out more and how to apply on their [website](#)

Movement for Good Awards Through Ecclesiastical Movement for Good awards, they're giving £1m to charities. They want to put their giving directly into the hands of remarkable organisations (like yours perhaps) that are changing people's lives for the better. Read more about it [here](#).

Dunhill Medical Trust: for organisations working directly with older people Project grants, and Building and physical infrastructure grants for community-based organisations. Dunhill Medical Trust have two funding schemes available for community-based organisations which work directly with older people who need some form of extra support to make everyday living that bit easier More [here](#).

Tesco Bags of Help Centenary Grants Not-for-profit organisations can apply now for a chance for their project to receive funding from this special one-off scheme. Three community projects in each region will be voted on by customers in Tesco stores in two voting periods: The July/August 2019 voting period is for projects with a health and wellbeing theme. Priority will be given to projects focussing on cancer, heart disease and diabetes. The November/December voting round will be open to all community groups supporting projects across their regions. There may be a theme with this round. Information for the second voting round will be provided at a later date. More [here](#).

Robertson Trust Registered charities and CICs Ltd by Guarantee registered and working in Scotland have until **midday on the 14th June 2019** to apply for grants of **£500 upwards** to support work that aims to reduce inequalities and strengthen communities. Projects that respond to identified needs and disadvantage and/or work directly on the delivery of services and activities to address disadvantage may be supported. Under the themes of reducing health and social inequalities, supporting people and communities or empowering communities, main and major grants from the Robertson Trust offer match funding of up to 50% depending on the size and nature of the project. More [here](#).

Small Ideas, Big Impact Fund Eat Well Age Well like to encourage people across Scotland to help them in their quest to reduce the number of older people who are at risk of becoming malnourished, or already are hungry and malnourished. Applicants can apply for funds ranging from **£50 to £5000** to test ideas which will prevent, detect and/or treat malnutrition. **Submissions for Round 2 of the Small Ideas, Big Impact fund will open on Monday 6th May 2019 and close on Friday 2nd August.** More [here](#).



the hub - your community action centre
24-26 Friars Vennel
Dumfries





DG1 2RL

Tel: 01387 269161

Fax: 01387 269026

Email: info@thehubdg.org.uk

www.thehubdg.org.uk

the hub – your community action centre is for community groups, voluntary organisations and social enterprises who need affordable, accessible office accommodation with development support to set up and deliver their services. Meeting rooms are also available to book at competitive hourly rates.

We also deliver a range of projects and services that assist people in our local communities. Working together making a difference

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